

# SPICE UP YOUR VOCABULARY

Unit 23

Use the vocabulary below to create your own mind map and add more words if necessary!

## Nouns /aɪ'diəl/

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| <ul style="list-style-type: none"> <li>• astronaut /'æstrɒnɔ:t/</li> <li>• average /'ævərɪdʒ/</li> <li>• beauty ideal /aɪ'diəl/</li> <li>• body image /'bɒdɪdʒ/</li> <li>• CEO (chief executive officer)</li> <li>• disability /dɪsə'bɪlɪti/</li> <li>• (dis)satisfaction</li> <li>• diversity /daɪ'vɜ:sɪti/</li> <li>• doll</li> <li>• embodiment<br/>/ɪm'bɒdɪmənt/ of</li> <li>• engineer /endʒɪ'nɪə/</li> </ul> | <ul style="list-style-type: none"> <li>• figure /'fɪgə/</li> <li>• inclusivity /ɪnklu:'sɪvɪti/</li> <li>• measurement<br/>/'meʒəmənt/</li> <li>• representation</li> <li>• role model</li> <li>• scientist /'saɪəntɪst/</li> <li>• self-esteem</li> <li>• shape</li> <li>• silhouette</li> <li>• standard</li> <li>• wheelchair</li> </ul> |
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## Verbs & Expressions

- achieve /ə'tʃi:v/
- break down barriers  
/'bæriəz/ / stereotypes  
/'steriətaɪps/
- cast aside = reject  
/rɪ'dʒekt/
- close / bridge the gap
- endure /ɪn'djʊə/
- feature /'fi:tʃə/
- fit in ≠ stand out
- launch /lɔ:ntʃ/
- meet standards
- prevent /prɪ'vent/
- realise one's full potential
- stand up against = resist
- stand up for = defend
- stand up to = oppose
- stay true to oneself
- succeed /sək'si:d/

## Adjectives

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| <ul style="list-style-type: none"> <li>• chubby /'tʃʌbi/</li> <li>• controversial<br/>/,kɒntrə'vɜ:ʃl/</li> <li>• curvy /'kɜ:vi/</li> <li>• damaging /'dæmɪdʒɪŋ/</li> <li>• distorted /dɪ'stɔ:tɪd/</li> <li>• empowering /ɪm'pəʊəɪŋ/</li> <li>• underrepresented</li> <li>• goal-oriented<br/>/gəʊl 'ɔ:riəntɪd/</li> </ul> | <ul style="list-style-type: none"> <li>• healthy /'helθi/</li> <li>• high-flying /,haɪ'flaɪɪŋ/</li> <li>• iconic /aɪ'kɒnɪk/</li> <li>• misleading</li> <li>• misrepresented</li> <li>• strong-willed /,strɒŋ'wɪld/<br/>= strong-minded<br/>/,strɒŋ'maɪndɪd/</li> </ul> |
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